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**YOUR
PHARMACIST:
NOW MORE
HELPFUL
THAN
EVER!**

PRESCRIBE A DRUG WHEN NO DIAGNOSIS IS REQUIRED

YOUR PHARMACIST IS NOW AUTHORIZED TO PROVIDE ADDITIONAL PROFESSIONAL SERVICES. THE ORDRE DES PHARMACIENS DU QUÉBEC HAS PRODUCED **7 INFORMATION SHEETS** DESCRIBING EACH OF THESE NEW SERVICES.



Your pharmacist can now **prescribe drugs in cases where no diagnosis is required**, for instance, to prevent certain health problems.

In what kinds of situations can I go to my pharmacist for a prescription?

You can consult your pharmacist when:

- You want to quit smoking
- You need emergency oral birth control medication
- You are pregnant and experiencing nausea and vomiting
- You want to get pregnant (and need a vitamin and folic acid supplement)
- You, or your child, are travelling to a destination where there is a risk of contracting diarrhea, malaria, or acute mountain sickness
- You, or your child, have head lice

How can my pharmacist help me?

For the above-mentioned situations, your pharmacist can help you without your having to consult a physician. For example, if you will soon be travelling to a country where there is a high risk of contracting travelers' diarrhea, you probably want to take along a drug that could relieve this health problem if it were to occur. A case such as this does not require a medical diagnosis.

Your pharmacist will discuss and assess the situation with you to determine whether he can or should prescribe a drug. If so, your pharmacist will record the prescribed drug in your file and provide you with the appropriate advice and recommendations. He could also decide to see you for follow-up several days during or after the course of treatment.

My pharmacist tells me that he cannot give me a prescription for a certain drug. Why?

Your pharmacist will always make decisions based on your best interests. Since each patient and situation is unique, in some cases your pharmacist could decide that prescribing a drug is not appropriate.

What drug will my pharmacist prescribe for me?

Your pharmacist will prescribe the drug he considers best suited to your needs, based on the most recently available scientific information. But, in some situations, he will not be able to prescribe the full range of available drugs. For example, when it comes to smoking cessation drugs, pharmacists can only prescribe nicotine replacement therapies.

Will my physician be informed?

Informing your physician is not mandated but, depending on the circumstances, your pharmacist may consider it advisable to do so.



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